

# Saddle Light

A Newsletter of Sabbath Keepers Motorcycle Ministry  
SW Washington Chapter

"For God, who commanded the light to shine out of darkness, hath shined in our hearts, to give the light of the knowledge of the glory of God in the face of Jesus Christ." II Cor. 4:6 NKJV

Newsletter Date – July 2011

VOLUME 3, EDITION 2

## From the President

by Tom Infante

So far this has been our chapter's busiest summer to date. We have had opportunity after opportunity to work for our Lord and Savior, yet our work is just beginning. Let's all pray for more opportunities, and the strength and wisdom to continue working for Jesus through the riding season in a wonderful way.

Now I want to talk about our first rally of the summer in Baker City, OR. I am pleased to tell everyone that I truly enjoyed the Hells Canyon Motorcycle Rally this year. The wind this year was not as bad as last year and all in all the weather wasn't too bad. There was an excellent turnout considering the economy and a little rain. We got to meet some really interesting people.

This is the first time Sandra and I had spent the entire day, early morning to late afternoon alone at our booth. What a tremendous blessing it was! We met all types of bikers, townsfolk, Adventists who had moved away from the church, newlyweds, 1%ers, weekend warriors, and to top it off, Miss Oregon. What a free spirit she was. She visited with us for quite some time and her chaperone indicated that her Miss Oregon was quite a handful. I will also say that she was a GREAT representative for Oregon. We gave them both our gold cross pins (which Miss Oregon added proudly to her sash) and they headed out.

We also had a young lady that was on her way to Walla Walla University sit with us, visit, and observe all day. She said she "liked our style."

One couple came by our booth and just stared at our banner for awhile. I waited until the gentleman stopped his awestruck pose and looked down at me, at which time I said, "Hello, how are you doing." This person was incredulous that the Seventh Day Adventist church he had grown up in would have an outreach ministry to the biker community. He had long ago fallen away from the church and as we talked he began to tear up. We had a very good talk and he left with a renewed interest in the SDA Church. Let's all keep "Cowboy" in our prayers that he will find his way back to Jesus and the church.

Meanwhile Sandra approached his wife who asked for anything that would explain what we believe. She and her husband had just that week begun to discuss what they believed. Sandra gave her the booklet, Let's Get Acquainted! Your Friends, the Seventh-day Adventists and urged her to look up all the Bible references for herself. After their visit it was apparent that God had led this couple to this rally and our booth.

There were so many others that we met and spoke to, all looking, searching for something. In many of these meetings we ended feeling that the people we met were in our booth found at least a piece of what they were looking for. What a wonderful time we had. The blessings we derived were many and we pray that those visitors were blessed as we were.

We can't wait for next year's opportunities there!



### What's in an emblem?

This emblem will be seen by many on the vests of dedicated Christians who believe in the Adventist message. It will invoke questions as to "Who are you?" and "What do the three angels represent?" It will remind the world that God has lovingly given to mankind a day of fellowship and rest, and help bring out the cry ... "Then I saw another angel flying in the midst of heaven, having the everlasting gospel to preach to those who dwell on the earth --- to every nation, tribe, tongue, and people --- saying with a loud voice, "Fear God and give glory to Him, for the hour of His judgment has come; and worship Him who made heaven and earth, the sea and springs of water."

Revelation 14:6,7

## Chaplain's Corner

by Paul Lattig

### Are We Ready? / Am I Ready?

For what?  
 What is happening?  
 What did we miss?  
 Was there an invitation?  
 Who made the decision?  
 Are we expecting company?  
 Who is coming?  
 Is the house clean?  
 Is everything in order?  
 Are we going somewhere?  
 When are we leaving?

Where are we going?  
 Who else is going?  
 What's happening now?  
 What do we need to take?  
 Do we have time to pack?  
 Can we be a little late?  
 Is there a schedule?  
 Where is the itinerary?  
 Do we need to tell others?  
 Have we told others?  
 When will we be back?

### Statement of Faith

*Sabbath Keepers is a Christian motorcycle ministry committed to spreading the gospel of Jesus Christ with everyone we have the opportunity to come in contact with.*

## Scripture of the Month

Submitted By Jim Interlichia

My Help comes from the LORD, the Creator of heaven and earth,  
 May he not allow your foot to slip,  
 Look! Israel's protector does not slumber or sleep,  
 The LORD will protect you from all harm, He will protect your life,  
 The LORD will protect you I all you do, now and forevermore.  
 Psalm 121:2-4, 7-8

## For Your Health

By Norma Turner

It is the sacred duty for those who cook to learn how to prepare healthful food. Many souls are lost as the result of poor cookery. It takes thought and care to make good bread: but there is more religion in a loaf of good bread than many think.

There are few really good cooks. Cooking is no mean science and it is one of the most essential in practical life. Cooks should learn how to prepare simple food in a simple and healthful manner, so that it will be more palatable, as well as more wholesome, because of its simplicity. *EG White*

### Oatmeal Crackers

1 ½ cups whole wheat flour	¼ cup brown sugar
1 ½ cups unbleached white flour	¾ cup olive oil
3 cups quick oats	1 cup warm water
1 tsp. sea salt	

Mix all together until just blended. Roll onto lightly oiled cookie sheet. Cut into desired shapes. Bake at 350°F for 10-15 minutes, watching carefully that they do not burn. Remove outer crackers as they lightly brown. Serve with spreads or soup.

## Wildwood Rally

By Sandra Infante

Once again this small rally was a surprise. Three years ago when our chapter looked for our first rally at which to set up a booth we chose this event, also their first year, in Long Beach, WA. Each year contacts are made that prove that we should be there and bless us as well, and while this year was small due to a change of coordinators and venue, it was no exception. The new area is great and will hopefully lead to a larger turnout in the future. Meanwhile, we made more new friends and our booth was well attended, even by the couple who came in to maintain the “Honey Buckets.” We were the only “vendor” they visited and they even returned a 2<sup>nd</sup> time for more literature.

We also had the unexpected pleasure of being joined on Sabbath by several of the NW WA Chapter members. All in all it was a great weekend; one which I look forward to again next year.

## Safety Corner

By Tom Infante

You may be aware of these websites already and have probably viewed them, but it sure won't hurt to have another look:

[www.msf-usa.org](http://www.msf-usa.org)

[www.teamoregon.orst.edu](http://www.teamoregon.orst.edu)

[www.soundrider.com](http://www.soundrider.com)

I have also attached a copy of the MSF's Guide to Group Riding for everyone to study and put into practice on pages 5 & 6.

### **2011 Upcoming Calendar of Events:**

July 8-10	Wildwood Rally @ Long Beach, WA. (booth)
July 9	SW WA Chapter Meeting (cancelled)
July 12-16	OR. Conf. Camp Meeting @ Gladstone, OR. (booth)
<b>Aug. 4-7</b>	<b>3<sup>rd</sup> Annual SKMM Retreat @ Milo AA</b>
Aug. 13	SW WA Chapter Meeting @ Infante Home
Aug. 19-21	Bronze Bike Rally @ Joseph, OR. (check out event)
Aug. 26-28	OR. Conf. Motorcycle Camp Meeting @ Gladstone, OR
Sept. 10-11	9-11 Motorcycle Rally @ Prineville, OR. (booth) w/visit to Prineville SDA Church on 9/10
Sept. 24-25	Oyster Run @ Anacortes, WA. (booth w/BC Chapter)
Oct. 15	6pm - SW WA Chapter Meeting @ Infante Home
Nov. 12	SW WA Chapter Meeting @ Infante Home
Nov. 26	Salvation Army Toy Run @ Vancouver, WA.
Dec. 3	(Tent.) Abate of OR. Toy Run @ Portland, OR.
Dec. 10	SW WA Chapter Meeting @ Infante Home

Church visitations TBA as scheduled.

### **Sabbath Keepers Motorcycle Ministry**

Chapter Website:

[www.skmmsswwa.wordpress.com](http://www.skmmsswwa.wordpress.com)

#### **SW Washington Chapter Meetings**

2<sup>nd</sup> Saturday each month \*  
2:30 pm

Infante Home  
42804 NW 7<sup>th</sup> Ct. – Woodland, WA.

**All Welcome**

Visitors - Please call ahead to confirm

(360) 225-9928 or (360) 798-6861

\* date/location (possible changes due to event schedule – see calendar & call)

### **SW Washington Chapter Contact List**

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# Photo Gallery

*Hell's Canyon Rally - Ready for visitors*



*Heading out to church at Richland SDA Church*



*They weren't afraid of a little rain!*



*Ralph & his trusty riding partner, Wyatt*



*SKMM Hangout @ Wildwood Rally*



*New friends - muscle check @ Wildwood*





### QUICK TIPS: MSF's Guide to Group Riding

Motorcycling is primarily a solo activity, but for many, riding as a group -- whether with friends on a Sunday morning ride or with an organized motorcycle rally -- is the epitome of the motorcycling experience. Here are some tips to help ensure a fun and safe group ride:

**Arrive prepared.** Arrive on time with a full gas tank.

**Hold a riders' meeting.** Discuss things like the route, rest and fuel stops, and hand signals (see diagrams on next page). Assign a lead and sweep (tail) rider. Both should be experienced riders who are well-versed in group riding procedures. The leader should assess everyone's riding skills and the group's riding style.

**Keep the group to a manageable size,** ideally five to seven riders. If necessary, break the group into smaller sub-groups, each with a lead and sweep rider.

**Ride prepared.** At least one rider in each group should pack a cell phone, first-aid kit, and full tool kit, so the group is prepared for any problem that they might encounter.

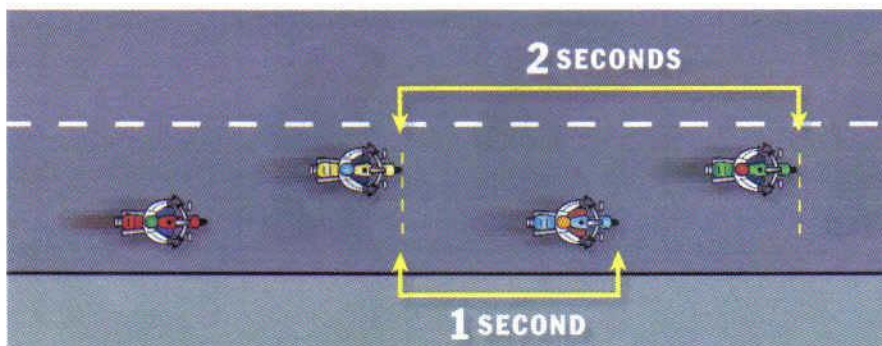
**Ride in formation.** The staggered riding formation (see diagram below) allows a proper space cushion between motorcycles so that each rider has enough time and space to maneuver and to react to hazards. The leader rides in the left third of the lane, while the next rider stays at least one second behind in the right third of the lane; the rest of the group follows the same pattern. A single-file formation is preferred on a curvy road, under conditions of poor visibility or poor road surfaces, entering/leaving highways, or other situations where an increased space cushion or maneuvering room is needed.

**Avoid side-by-side formations,** as they reduce the space cushion. If you suddenly needed to swerve to avoid a hazard, you would not have room to do so. You don't want handlebars to get entangled.

**Periodically check the riders following in your rear view mirror.** If you see a rider falling behind, slow down so they may catch up. If all the riders in the group use this technique, the group should be able to maintain a fairly steady speed without pressure to ride too fast to catch up.

**If you're separated from the group,** don't panic. Your group should have a pre-planned procedure in place to regroup. Don't break the law or ride beyond your skills to catch up.

**For mechanical or medical problems,** use a cell phone to call for assistance as the situation warrants.



## MSF's Guide to Group Riding: Hand Signals

<p><b>Stop</b> - arm extended straight down, palm facing back</p> 	<p><b>Single File</b> - arm and index finger extended straight up</p> 	<p><b>Turn Signal On</b> - open and close hand with fingers and thumb extended</p> 
<p><b>Slow Down</b> - arm extended straight out, palm facing down</p> 	<p><b>Double File</b> - arm with index and middle finger extended straight up</p> 	<p><b>Fuel</b> - arm out to side pointing to tank with finger extended</p> 
<p><b>Speed Up</b> - arm extended straight out, palm facing up</p> 	<p><b>Hazard in Roadway</b> - on the right, point with right foot; on the left, point with left hand</p> 	<p><b>Refreshment Stop</b> - fingers closed, thumb to mouth</p> 
<p><b>You Lead/Come</b> - arm extended upward 45 degrees, palm forward pointing with index finger, swing in arc from back to front</p> 	<p><b>Highbeam</b> - tap on top of helmet with open palm down</p> 	<p><b>Comfort Stop</b> - forearm extended, fist clenched with short up and down motion</p> 
<p><b>Follow Me</b> - arm extended straight up from shoulder, palm forward</p> 	<p><b>Pull Off</b> - arm positioned as for right turn, forearm swung toward shoulder</p> 	